Feminine Characteristics

People of both sexes have characteristics that are feminine and masculine, in some combination. Being made in God's image, male and female (Genesis 1:27), all our gender qualities are qualities of God Himself. None are better or worse than the others. However, each quality can be distorted by our own sin and brokenness. The following is a list of characteristics generally recognized as feminine. If you are a woman, God created you to display these qualities of his. It’s fine if you also display masculine qualities; but when a woman lives out feminine qualities, the impact for God is great.

- The ability to “be”, not always “do” (Luke 10:38-42)
- Creating a home and a safe place of rest for others (Song of Solomon 1:13, 4:12-16; 8:1-2)
- Curious (Luke 1:34)
- Desire to be noticed, desired, seen, pursued (Song of Solomon 8:10)
- Gentleness, nurturing (1 Thessalonians 2:7)
- Helper, inter-dependent (Genesis 2:18)
- Internalizes and ponders (Luke 2:19)
- Listens (Luke 1:39)
- Peaceful (1 Peter 3:4)
- Receptive (Luke 1:38)
- Relational, seeks connection (Song of Solomon 3:1-4)
- Trust, vulnerability (1 Peter 3:5-6)
- Wisdom (James 3:17-18)

Don’t be discouraged! God will help you, and transform any distorted qualities into traits that help you be more whole; the person you were created to be! Every time you are tempted to protect yourself by “Fight-Flight-Freeze”, stop and ask him to be your Savior – in that very moment – from your broken response to pain, fear, or confusion. As you let him enter into that vulnerable area of your heart, you will soon see that he has changed your heart – permanently.

© Karolyn Merriman, LCSW 2010